

## ABSTRACT OF THE DISCLOSURE

A pull out system, or a pull out drawer system for vehicles and trailers, which, for instance, can include a stationary rail having a first set of rollers mounted thereon, the rail adapted for receiving a second set of rollers; and a movable rail having the second set of rollers mounted thereon, wherein the movable rail is mounted to the rail with rolling contact both between the first set of rollers and the movable rail and between the stationary rail and the second set of rollers, or which, for instance, can include a stationary mounting frame having a set of parallel rails having a first set of rollers mounted thereon, the set of rails adapted for receiving a second set of rollers; and a subcombination having a movable mounting frame having the second set of rollers mounted thereon, and a load-bearing surface mounted to the movable frame, the movable frame and load-bearing surface subcombination mounted to the stationary mounting frame with rolling contact both between the first set of rollers and the movable frame and between the set of parallel rails and the second set of rollers, can be improved by at least one of the following: as the stationary rail(s) an inverted French F-channel; as the movable rail(s) an inverted U-channel; and among the rollers, at least one being a cam-follower bearing. Also, a movable frame for a pull out drawer system can be improved by a support member for supporting a slide-in/out accessory, for example, a drawer or a ramp.